



NEWMAN GROVE SCHOOL LUNCH

(A variety of low fat & fat free milks offered daily with each meal; salad bar is available to 7-12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 19 Muffins <u>Fresh Fruit & Juice</u> Corn Dogs French Fries Baked Beans Applesauce	September 20 Cereal w/Banana Bread Slice <u>Fresh Fruit & Juice</u> Tater Tot Casserole Green Beans Peaches Dinner Roll	September 21 Breakfast Burrito <u>Fresh Fruit & Juice</u> Pepperoni Pizza Steamed Broccoli Mixed Fruit Chocolate Chip Cookie	September 22 Long Johns <u>Fresh Fruit & Juice</u> Chicken Patty on Bun Tater Tots Pineapple Peas	September 23 Pancake Wrap <u>Fresh Fruit & Juice</u> Walking Taco Corn Black Bean Salsa Pears
September 26 Cereal w/Banana Bread Slice <u>Fresh Fruit & Juice</u> Hamburgers Baked Beans Grapes	September 27 French Toast Sticks w/Syrup <u>Fresh Fruit & Juice</u> Spaghetti w/Meat Sauce Bosco Sticks Green Beans Mandarin Oranges	September 28 NO SCHOOL	September 29 Ultimate Breakfast Round/Yogurt <u>Fresh Fruit & Juice</u> Popcorn Chicken Steamed Carrots Slushies	September 30 Mini Egg & Cheese Sandwich <u>Fresh Fruit & Juice</u> Chicken Fajita Rice Mixed Veggies Tropical Fruit
October 3 Mini Pancakes w/Syrup <u>Fresh Fruit & Juice</u> Hot Dog French Fries Applesauce	October 4 Churros Yogurt Cup <u>Fresh Fruit & Juice</u> Chicken Rice Casserole Green Beans Strawberries/Bananas Brownie	October 5 Waffle Sticks w/Syrup <u>Fresh Fruit & Juice</u> Shredded BBQ Pork On Bun Baked Beans Peaches	October 6 Muffins <u>Fresh Fruit & Juice</u> Chicken Nuggets Mashed Potatoes/Gravy Steamed Carrots Mixed Fruit Dinner Roll	October 7 Cinni Minis <u>Fresh Fruit & Juice</u> Meaty Nachos Black Bean Salsa Pears
October 10 Long John <u>Fresh Fruit & Juice</u> Chicken Quesadilla Lettuce/Tomato Refried Beans Peaches	October 11 Egg, Ham & Cheese Croissant <u>Fresh Fruit & Juice</u> Chicken Strips Scallop Potatoes Pineapple Dinner Roll	October 12 Cereal B Bread Slice <u>Fresh Fruit & Juice</u> Ham Sub Sandwich Carrot Sticks w/Dip Strawberries/Bananas Rice Krispy Bar	October 13 Omelet w/Biscuit <u>Fresh Fruit & Juice</u> Hamburger Gravy w/Mashed Potatoes Corn Dinner Roll	October 14 Pancake Wrap <u>Fresh Fruit & Juice</u> Pizza Crunchers w/Marinara Green Beans Apple Crisp
October 17 Bagels/Cream Cheese <u>Fresh Fruit & Juice</u> Crispitos w/Cheese Sauce California Veggies Mixed Fruit Cookie	October 18 Mini Donuts Yogurt <u>Fresh Fruit & Juice</u> Meatball Subs Twister Fries Tropical Fruit	October 19 Breakfast Pizza <u>Fresh Fruit & Juice</u> Fried Chicken Drumsticks Mashed Potatoes/Gravy Corn Dinner Roll	October 20 Breakfast Combo Bar Cereal <u>Fresh Fruit & Juice</u> Pork Patty on Bun Tater Tots Green Beans Pears	October 21 NO SCHOOL

(menus are subject to change without notice)

